

The Gateway

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UNO Construction Keeps Rolling

Eileen Kenney
Senior Staff Writer

Groundbreaking for UNO's new residence halls should be underway by mid-August, said Neil Morgensen, director of facilities management and planning, and it signals a monumental change in the complexion of our campus.

But change is nothing new for Morgensen.

"I started at UNO a month after Del Weber (former chancellor, 1977-1997) and it has been an exciting 20 years," he said. "We've seen a lot of changes and a lot of improvements and wound up with a very beautiful campus that serves our community very

well. But stay tuned - there always seems to be more to come."

"More" includes razing, relocation and renovation. Involved are the Goodrich building (Annex 39) and the Goodrich Program, the College of Public Affairs and Community Service (CPACS), the Engineering building, and both Arts and Sciences and Allwine Halls. "Right now we're involved in a lot of preparation," Morgensen said.

The first building set to come down to make room for the residence hall is Annex 39, home of the Goodrich Program. Goodrich moves to Annex 24, former location of, among other things, David Hinton, dean of CPACS. The

long-range goal is to have all of CPACS centrally located in Engineering, but before that can happen, the current occupants will have to move to the new Information, Science and Technology building (IS&T), which won't be ready until fall 1999.

Some space in the lower level of the Engineering building has already been assigned to CPACS personnel and other departments have been able to rearrange their locations. "There's going to be quite a lot of moving about and temporary locations that will take place," Morgensen said. "We have no excess space at UNO to use for these kinds of purposes."

The relocation shuffle could move into high gear



photo by Steve Houlton

The Goodrich Building (Annex 39) is slated for demolition. Other buildings scheduled for work include CPACS, Engineering, Arts and Sciences and Allwine Halls.

come spring 1999 when Morgensen said he expects renovation projects to start on Arts and Sciences and Allwine Halls. The architectural selection process has begun and 4-5 finalists are to be interviewed

by committee July 28. "Assuming we can negotiate a contract, they can begin on the design immediately after that," he said.

The next step would be the See UNO CHANGES, page 7

UNMC Receives \$50,000 Grant

The Junior League of Omaha and Omaha's Race for the Cure program have given a \$50,000 breast cancer research grant to the University of Nebraska Medical Center. Judith K. Christman, Ph.D., chairperson and professor of biochemistry and molecular biology at UNMC will use the grant money to research an inhibitor she developed and patented. It is believed the inhibitor can be used to manipulate the gene expressions occurring when a normal breast cell becomes cancerous. Research funded by the Race for the Cure grant will determine the best way to get the inhibitor into the breast cells, whether the enzyme can be used to test for early changes in breast tissue and to see if the inhibitor can normalize cancerous breast cells.



photo by Steve Houlton

Antonio Quintones demonstrates a foot massage.

Hands That Heal

by Dustin Pappas
Staff Writer
and
Colleen Sergeant
Features Editor

Nearly everyone has given a friend a back rub or has been bribed to massage grandma's feet. Although, massage is much more than pleasurable sensations.

Research reports, nearly all ancient cultures practiced some form of touch or massage. The Chinese practiced massage as early as 3000 B.C. Massage has certainly withstood the

test of time. "Massage therapists have become part of the medical profession," said Karin Fellows licensed massage therapist and Community Health Education major at UNO. "They treat illnesses, diseases and injuries."

Fellows had some good news for college students who probably need the tension squeezed from their clenched muscles more than anyone. "Most importantly, massage can be used as an effective stress man-

see MASSAGE, page 5

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NU Budget Bound For Legislature

by Wendy Townley
News Editor

The University of Nebraska Board of Regents were scheduled to vote on the following items at Saturday's meeting in Scottsbluff, Nebr.:

- Approve the section of Pacific Street between 67th and 68th Street for street improvement purposes. The addendum, sponsored by Vice Chancellor for Business and Finance Gary Carrico, will allow the City of Omaha to improve the road, as well as to prepare it for the additional student traffic using the Aksarben campus.

• Approve the 1999-

2001 Biennial Operating Budget Request. Some of the items in this addendum are:

NU is estimating a total budget of \$466,131,129 for the 1999-2000 fiscal year. For fiscal year 2000-2001, NU is estimating a budget of \$495,643,570.

Included in these proposed budgets are:

-An increase in faculty wages of 4.625 percent.

-The estimated cost of operation, maintenance and utilities for new or renovated buildings is \$1,731,646 for the fiscal year 1999-2000. For fiscal year 2000-2001, the estimated cost is \$537,324.

See REGENTS, page 2

Fund A Overflows

by Craig Perkins
Staff Writer

A 50 cent increase in student fees to fund A resulted in an increase in funds of \$17,140.

The increase will be divided among: Student Government, SPO (Student Programming Organization) and the *Gateway*.

Student Government's allocation is \$6,799 and will be divided between the Women's Resource Center, International Student Services, American Multicultural Students and Network for Disabled Students for use in pro-

gramming events. Some money will also be used for public relations and some put in a contingency fund.

SPO received \$6,170 from the increase.

The fund a money should result in an increase in shows and events brought to UNO, Melissa Buck, SPO student director, said.

Buck expects about four more shows on campus and says the increase in funds "provides a perfect opportunity to do that...to bring things we've never brought before."

The *Gateway* received \$4,171 from the increase.

UNMC Student Wins First Place at Competition

by Heather Clark
Staff Writer

University of Nebraska Medical Center student Sandra Willian won first place recently in the McLaughlin Awards at the 39th annual National Student Research Forum (NSRF) held in Galveston, Texas.

Willian submitted research materials on coxsackieviruses for the infectious diseases and immunology division of the awards. Her work was reviewed and judged by both peers and established scientists.

Willian completed her undergraduate degree in biology at Hamline University in St. Paul, Minn., and currently studies coxsackieviruses in the department of pathology and microbiology at UNMC. Coxsackieviruses are enteroviruses responsible for numerous cases of pediatric central nervous system infections, as well as both childhood and adult heart muscle infections.

The NSRF is an opportunity for medical students, residents, and graduate students in biomedical science to present their research. Primary funding for the event is provided by the American Medical Association-Education and Research Foundation and the University of Texas Medical Branch.

from REGENTS, page 1

Budget Passes With 7-1 Vote

estimated cost is \$537,324. Included in this program are the renovation of Allwine Hall and the construction of the College of Information Science and Technology.

NU will request funding from the Nebraska Legislature to support these requirements. NU is asking for \$24.7 million in 1999-2000 and \$23.1 million in 2000-2001.

In addition to this budget is a 5.5 percent tuition increase over the next 3 years.

The *Omaha World-Herald* reported Sunday the Board voted 7-1 to propose this budget to the Governor's Office. Regent Drew Miller of Papillion reportedly was the only no vote, saying NU did not cut costs enough.

The Board also reportedly voted unanimously to fire University of Nebraska-Lincoln Assistant Professor of English David Hibler. A faculty committee recommended Hibler's termination to the Board. This faculty committee found Hibler to have sexually harassed more than one female student, in addition to misusing and misrepresenting his university privilege concerning E-mail lists.

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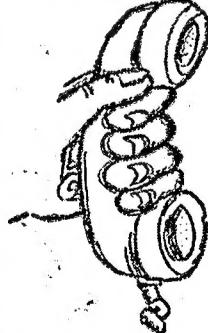
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UNO INFORMATION PHONES



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- Campus phone numbers
- General information

For your safety and convenience there is at least one CAMPUS PHONE in each major building.

* The information operator is ready to assist you. You can also stop by the information window in Eppley Administration Building for information, free notary services, schedules, brochures, etc.

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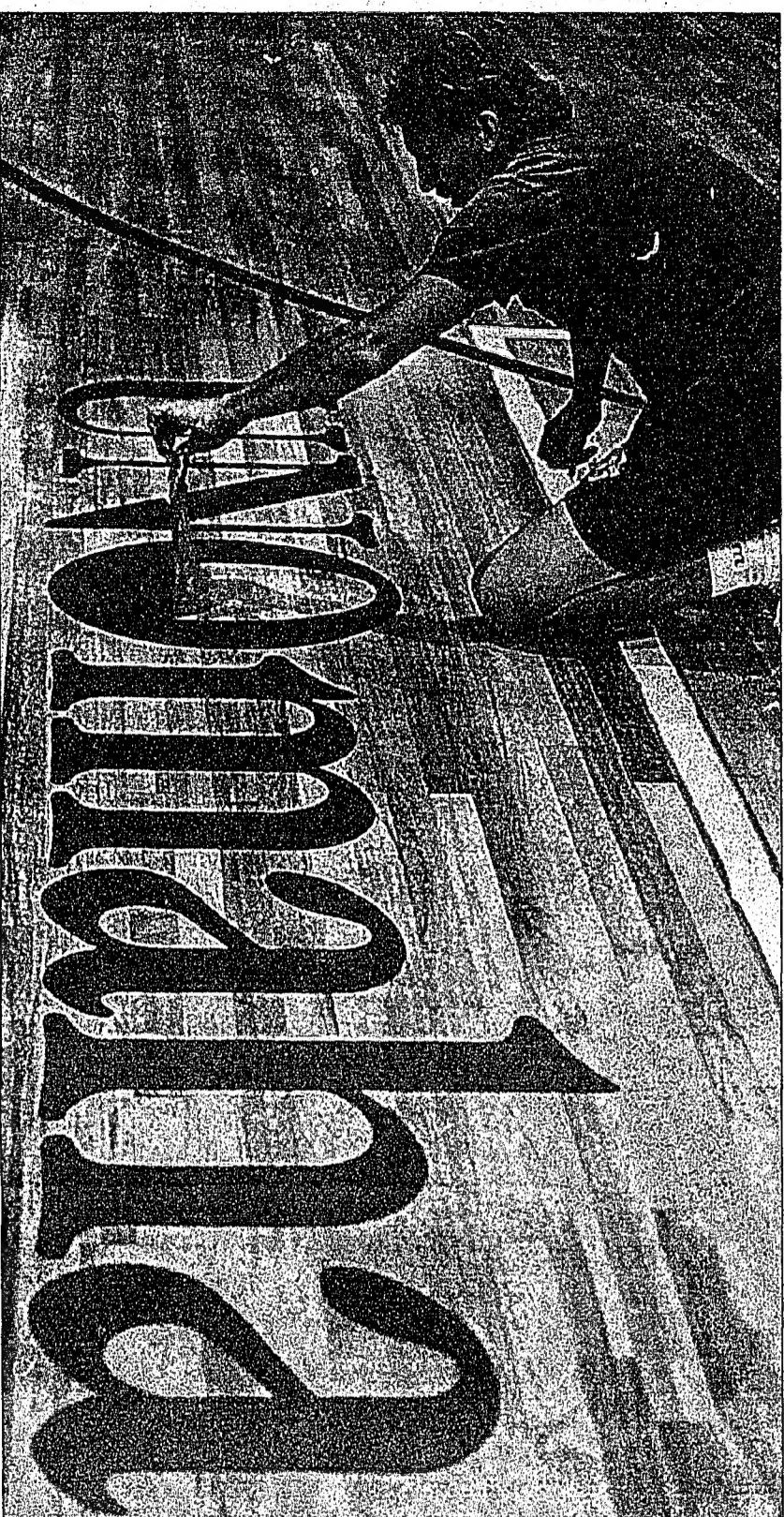


photo by Steve Houlton

Stere Hansen of Hart Floors pulls up masking tape after painting the new logo on the UNO Fieldhouse's new wood basketball court.

The Gateway

University of Nebraska at Omaha Student Newspaper

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Student Profile: Brandon Steenson

Student Senator Active On Campus



photo by Steve Houlton

by Helen Evans
Staff Writer

Brandon Steenson, who represents the junior class as a student senator, has been actively involved at UNO as one of its student leaders.

Stenson also helped the fall break become a reality. He gives credit to the persistence of another campus leader. "I have to give thanks to our student government president, Joey Sanchez, for really pushing it into focus," says Steenson. "I'm glad when we are able to set goals and actually re-

main focused on them until they are reached."

Extending library hours and improving outdoor lighting across the campus are other goals Steenson has been working on diligently.

Stenson also mentioned he has been able to use his experiences working as a student senator and a former senate speaker as a spring board into getting involved with other campus organizations.

"Working with the student senate has helped me get started on the road to student leadership,"

Stenson said. "It has given me an edge on my future career, particularly with other leadership positions on campus. It has helped me build confidence when speaking in front of large groups of people and it has continued to teach me how to improve my skills as a student leader."

"Brandon's experience coupled with his enthusiasm makes him a real asset to UNO," said Tara Knudson, director of Student Organization and Leadership Development and senate adviser.

Stenson is an orientation leader and facilitator in the math

"Brandon's experience coupled with his enthusiasm makes him a real asset to UNO."

—Tara Knudson, director of S.O.L.D.

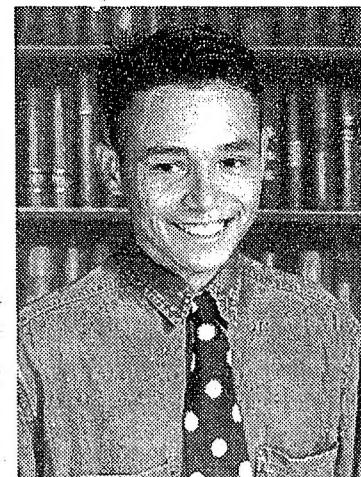
lab as well.

"Being a student leader has also allowed me to encounter excellent networking opportunities," Steenson added. "I have been able to work with such a diverse group of students and student leaders which has been beneficial in helping get more in-tuned with campus."

"Brandon is very well informed about campus life," says Melina Gardner, orientation leader and Brandon's co-worker. "He is full of excitement and school spirit, and because of his willingness to work hard and help whomever he can, he demonstrates a genuine concern for UNO's student body."

Ad

U.S. Department of Transportation



Aaron Rodriguez
Ballplayer freshman year;
Little League Coach sophomore year;
Killed junior year;
December 28, 1993
San Antonio, TX

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for fall '98 Gateway

This paid position is in charge of layout and some design for each issue of the Gateway. Must be able to work on Sunday and Wednesday. Hours flexible. Working knowledge of PageMaker a must.

Pick up an application at the Gateway office, Milo Bail Student Center, northeast corner of the first floor. Apply ASAP - position will close when qualified candidate is found.

If you have any questions call Carol, 554-2470.

Gateway Opinion

The Etiquette of Bodily Functions



Have you ever noticed how much of a pain it is to keep your body in check? There are so many things to worry about. I won't list them here, it would take too much space and probably gross you out. Luckily for us, though, there's plenty of people out there willing to tell us how to keep our physical appearance socially acceptable. They make all kinds of rules and even suggest little tricks to keep you gigged, but the problem I'm having lately is finding any sort of guide for fart etiquette. I've gone through books and searched the Internet and there's nothing.

The other night some friends and I were discussing fart stories over a pitcher of some kind of brown, nutty flavored brew. As any good beer drinker can tell you, a good brew can sometimes affect you ... um ... internally (Similar to the bulking effect a cup of coffee has, but more gaseous.) Some joker let one rip right there at the table and it was stankin'. No one wanted to take responsibility for it and I thought that was just plain rude. I mean, if you're going to take that kind of liberty, at least stand up and be accountable for it. Well, it turns out there was dissension at the table.

Some disagreed with me. They thought it was perfectly fine to let the offending party keep his or her volatile rudeness a mystery. Their point was, why own up to something when you can get away with it.

Well, I thought, how very un-Christian of you to think so. I'm usually not one to bring up God's wrath, but he knows who the stinkers are,

and heaven help those who pass gas in the confessional, because usually there's no ventilation in those little booths and who else is the priest going to blame when the smell seeps through that thin screen between you and him? Not Jesus. His shit doesn't stink and that's the first lesson every man of the cloth learns in seminary.

I'm not entirely innocent, however, and I reluctantly admitted this later when they asked for my best embarrassing fart story.

As I've mentioned in previous stories, I used to work in a medical bookstore. The place would usually be pretty dead right after lunch and usually I was left alone to look after the store while the rest of the staff took their lunch. One day I was alone in the store after what I can only assume

was a bad menu choice I made at the vegetarian restaurant I'd eaten at only an hour before. Let's just say that the area around my desk should have been declared a toxic zone, and I was glad there were no customers in the store. I was typing up special orders while I waited for some kind of distraction. When I printed things from the computer at my desk it would

come out of a printer across the room. When I went over to retrieve the orders, that unmistakable feeling hit me. I felt like a spicy balloon and I knew this one was going to be bad. Usually in a situation like this I would give some lame excuse and leave the store, even go outside if the weather permitted - but there was no one to relieve me. (No pun intended.) I looked around and, seeing no customers had come in, set myself free. The air was suddenly a thick, souplike stench. It was fantastically gruesome. I headed back to my desk figuring that was the best place to leave it since none of the customers went near the printer. It had been the best way to handle the situation at the time.

Almost immediately after I sat

back down at my desk Rita, (all names have been changed to protect the innocent) the office manager, stepped through the door, went to her desk and proceeded to poke at the keyboard of her computer. Then, to my horror, the printer started to whir. Rita came around her desk and started walking across the room. I pretended to be engrossed in my work as I watched her from the corner of my eye.

At first nothing happened. Rita simply stood patiently waiting for the printer to finish its task, but then there was a violent change in her expression. Her eyes opened wide as saucers, her shoulders drooped and her usual customer-friendly smile vanished. She tried to pretend nothing was wrong, but I could tell she was about to panic. It was a slow printer.

After about fifteen seconds Rita could no longer contain herself. She reared back, brought up her shirtsleeve to dab the tears from her eyes, looked toward heaven and loudly exclaimed, "Good Lord."

I can only assume she thought it was some kind of divine act since she had seen no one near the printer. I certainly wasn't going to take the credit. I'm sure people have been fired for less.

But, tell me, how was I supposed to handle it? They didn't teach us that. I'm at a loss, really. Someone should form a committee and discuss proper fart etiquette and issue a report or it's going to continue to haunt our society until they start handing out Beano at pubs and restaurants.

Delaware Killing Goes Without Penalty



Once again the United States legal system has failed miserably. Not since the release of Louise Woodward has such a travesty of justice been carried out.

Two weeks ago, two former college sweethearts who were convicted of involuntary manslaughter in the November 12, 1996 killing of their newborn child were sentenced. Amy Grossberg, 20, was sentenced to two and a half years in prison, while her ex-boyfriend, Brian Peterson, 20, was sentenced to two years.

Grossberg, who was attending the University of Delaware, went into labor on November 12. She called Peterson, who was attending Gettysburg College in Pennsylvania to help her. Her upper-class parents from the posh neighborhood of Wyckoff, New Jersey did not know she was pregnant. The two checked into a Comfort Inn Motel. The child was born, put in a plastic bag and then threw into the motel trash. The couple left a day later.

Unfortunately, for these two, Grossberg was hospitalized shortly

after due to labor complications. At the hospital she admitted to having given birth.

The two were then arrested and charged with premeditated murder and then pleaded guilty to involuntary manslaughter.

When the trial began, Grossberg and Peterson claimed the child was stillborn. However, an autopsy showed the child was born alive and died of multiple fractures to the head.

The couple was found guilty. It looked as though the two were going to spend a long time in prison, but the judge didn't want that.

Grossberg was only sentenced to two and a half years because the judge felt she was disadvantaged. She was a young girl who got pregnant and was afraid of what her parents might say and do. She couldn't help what happened, she had no real choice. Wrong!

I don't care how supposedly disadvantaged this girl, who was born with a silver spoon in her mouth, is. There is no excuse for what she did. The only reasons she got off with such a small penalty are because she hired a fancy lawyer and the judge felt sorry for her.

(Who's paying his salary, obviously not the tax payers.)

There's Peterson. He was let off with a slap on the wrist because he was afraid. His parents may have gotten upset, and taken away his precious little trust fund. It wasn't his fault.

Once again it's extremely liberal judges,

like the one in Delaware who will remain nameless, who allow people

to get away with murder. Face it, these two kids committed murder, plain and simple. They may not have planned it, but they did it anyway.

Our elected officials should look at judge's records. If they consistently allow murders to go without a severe punishment, take them off the bench. I don't care if they feel sorry for the criminals. Their job is to serve the best interest of the law. In this case, justice was not served. This judge shouldn't remain on the bench. I hope these two kids, who no longer speak to each other, rot in the prisons they've created for themselves.

Editorial/Letter Policy

Opinions expressed are not necessarily those of the University of Nebraska at Omaha or the NU Board of Regents. Opinions in signed columns and letters to the editor do not necessarily reflect the opinion of the Gateway staff or the Student Publications Committee.

Letters to the editor will be selected for publication on the basis of timeliness, clarity and available space. The editor reserves the right to edit all letters for publication. Letters must be signed using the writer's first and last names. Letters must include the writer's address and phone number for verification purposes only. Letters to the editor exceeding two typed pages will not be considered for publication.

Direct communications to: Gateway, UNO, South 60 and Dodge Streets, Omaha NE 68182.

Movie Review:**"Mafia"**

photo courtesy of Touchstone Pictures

by Stephen Croucher
Reviewer

Combine "Hot Shots," "Airplane," "Naked Gun," with the "Godfather" and you have "Mafia."

The zany comedy starring Jay Mohr, Christina Applegate, Lloyd Bridges, Olympia Dukakis and a handful of others is the kind of comedy that will never stop entertaining you.

Director Jim Abrahams' use of puns, play on words and countless movie spoofs give an aura of "Naked Gun," but has a little more meat to it. Not only do the characters have outrageous things happen to them, but the

plot is so deep.

Fine, the plot isn't deep, it's simple. The film revolves around the Cortino family, the stereotypical Italian Mafia family.

Through gun shots, murder, sex, drugs, rock and roll, violence and farting by Dukakis, a family's life is changed forever.

Now I won't tell you anymore about what happens in the film, I don't want to ruin the humor for you. However, know this, do not leave the theater until the credits are over, there's a few surprises in store.

Out of a possible four stars, I give this movie three stars. It was funny, the acting was humorous and I had a great time. Go see it, trust me.

Music Review:**Various Artists Release New CDs**

by Curtis M. Meyer
Reviewer

- Buzzoven ... at a loss (Off the Records)

If you can grasp a White Zombie tune yet think death metal is on the other side of the tracks, then Buzzoven is what gets mangled when the 9:15 passes through town. They just can't quite make the crossover. A follow up to 1994's Sore (Roadrunner). Put these guys in the category of Acid Bath, EyeHateGod, and other depressing hard core stuff that seems so popular these days in New Orleans and other places below the Mason-Dixon Line. It is beautiful in its own way, yet destructive when played for a room of manic-depressives.

- Candlebox Happy Pills (Maverick/Warner Brothers)

Um ... I only listened to this one after my editor put me in a sleeper hold and had the rest of the staff take turns punching and kicking various sensitive parts of my body. First off, what a stupid name for an album. Duh! I wonder how many round-table meetings it took to think that one up? Besides, no matter what I say-like every song sounds the same, Kevin Martin's nasally, whining vocals sound suspiciously like Geddy Lee from Rush and this album is formulated, slick, sugary, glammy, bastardized, corporate, garbage-500,000 morons are still going to go out and buy this overpriced, waste of plastic.

- Gloritone Cup Runneth Over (RCA)

Simple, yet fabulous, post-punk, in your face pop music. This Tempe, Ariz. band could be Foo Fighters distant cousin. It's not just white-knuckle strumming. This three-piece slows the tempo here and there to show us their front man Tim

Anthonise can pick, but then it's back to one wood swings to the roundwound. It's albums like this that make me want to jump in the nearest convertible and just drive, drive, drive.

- Seven Mary Threue Orange Ave. (Atlantic)

These guys have a different flavor this time around. Their last attempt, 1996's Rock Crown, was a miserable failure both critically and publicly, so they've tinkered with the formula a bit. Musically these guys are great, and maybe it's just me, but I start

Book Review:**"Comfort Woman"**

by Thuy Tran
Reviewer

I read Nora Okja Keller's "Comfort Woman" in one sitting. How can you not when the opening line is "On the fifth anniversary of my father's death, my mother confessed to his murder"?

The novel, however, is not a murder mystery, nor a suspense thriller, nor a crime and punishment story. Rather, it is about a mother - daughter relationship written in such a haunting way, you feel like you're reading Toni Morrison's "Beloved" — Korean style.

The novel evolves around two characters: Akiko, the mother, who is sold to a recreational camp in World War II Korea where she becomes a "comfort woman" for the pleasures of Japanese soldiers, and Beccah, Akiko's daughter by an American missionary, who struggles to overcome her mother's haunts and her disconnection with the rest of the world.

The novel alternates between the mother's voice and the daughter's,

each detailing the horrors and the anguish of her past. Slowly we hear about the brutality suffered by the comfort women who are often maimed and abandoned like "disposable commodities". Painfully we learn of Akiko's betrayal by her eldest sister who sells her so she can gather enough dowry for a suitable marriage. Such suffering also extends to Beccah's story as she reveals the pain of seeing her mother drift from one menial job to another in order to pay the rent; as she witnesses her mother tread on extreme bouts of insanity, as she endures isolation from the Honolulu community.

Yet, this novel is more than a listing of pathos. Woven in these two women's stories is a statement about death, life, the human spirit, the supernatural, the past and the future. Filled with symbolism and Korean legend, we learn how ultimately, all these elements can join a mother to her daughter to the great Mother Nature, just as the blood that runs from the mother to her daughter flows like water in an boundless river.

Told with simplicity, grace, and an acute awareness of Korean lore, Keller inspires all of us to look into our past, to evoke our parent's history, and to recognize their past continuing in us. She reminds us that honoring our ancestors is not an idle practice, but an act of self-empowerment.

to yawn a few songs in. "Isn't this song over yet?" Jason Ross is a poet compared to most major-label front men, but 7M3 cram too much into each song, and it's just ... um ... well ... cumbersome. Too many effects and production tricks. Too many dirty to acoustic switches in each tune. 7M3's saving grace is that they're a terrific live band, but something tells me these songs are going to sound a bit hollow on stage.

- The Superjesus Sumo (Warner Brothers)

This is the racket Soundgarden and

Garbage would make in a blender with the "liquefy" button punched. Sumo is a good title for this Australian band's major-label debut because this sucker is heavy. They should be called The Superdistorted. Bands today have all perfected the tension-building, Cobain-ish, fuzz-pedal stomp and these guys are no exception. Produced by the same slickmeister that did Collective Soul and Matchbox 20, Hello Modern Rock radio. Too bad AOR doesn't latch onto female vocals or this puppy would be unstoppable on all the R&B and Billboard charts.



Above center: Moto Nanji of Indigenous dazzling a "Jazz on the Green" crowd with his guitar work. Joslyn was expecting a crowd of 6,000 for the Thursday night performance. Although last week's weather was dangerously hot, the evening turned out to be near perfect and crowds packed the event. The Marty, S.D. blues band performed old favorites as well as cuts from their soon-to-be-released CD, "What We Do," expected in stores in early Sept. 1.

photo by Steve Hoult

From MASSAGE, page 1



photo by Steve Houlton

Karen Fellows relieves the stress and anxiety of client Scott Kotzen. Fellows works at the downtown YMCA.

agement tool," she said. During a massage, people become aware of where they hold tension, tight muscles and other painful areas. Then they can focus on relaxing these trouble spots both during the massage and on a daily basis.

According to "Milady's Theory and Practice of Therapeutic Massage," massage has direct psychological and physiological benefits which include the following:

- increasing metabolism
- speeds healing
- prevents and relieves muscle cramps and spasms
- improves circulation of blood and lymph
- aids in pain management
- relieves fatigue
- reduces tension and anxiety
- calms the nervous system
- promotes a sense of relaxation and renewed energy

When skillfully applied, massage can have a positive effect on bodily functions. The specific effects a massage will have depend on the type of massage selected and the objectives of the client.

Swedish massage is perhaps the most common type of massage in the world. This form involves various stroking techniques such as percussive, friction, long/sliding strokes and kneading. These strokes then become the basis for other types such as neuromuscular massage, sports massage and acupressure.

Whatever the type of massage, a person will usually feel better both physically and mentally after a massage. Although, "sometimes the massage can create more tension," Fellows said. To ensure a relaxing experience, she stressed the importance

of feeling comfortable with the therapist. "If you aren't comfortable, then you can't relax completely and the whole purpose of the massage is defeated." She said people also need to be comfortable with the type of massage they select.

The yellow pages can locate massage therapists at spas and chiropractic clinics. Ask a physician for a referral or shop around.

Schedule an interview with the therapist. Look for a copy of their license and ask if they graduated from an accredited massage school.

At the initial visit, a questionnaire should be completed to inform the therapist about the client's health status. For example, giving a massage to an individual who is coming down with an acute viral infection will intensify the illness.

Massage sessions are normally 30 minutes of an hour and in this time feel free to communicate directly with the therapist.

"Talk or don't talk. You are in control of your massage," Fellows said. "Let the therapist know if you want more or less pressure."

She added to "undress to your level of comfort". When she gives a massage the body is covered except for the part she is working on.

"Some think that massage is a luxury, but it really is a necessity," said Paulette Genton, licensed massage therapist and executive director of the Universal Center of Healing Arts Non-Profit School of Massage Therapy. "You really don't need to be hurting to get one." Students can get the best massage for their dollar at a local school of massage where prices average about \$25 an hour.

Internet Addiction Up For Debate

College Press Service

Caught in the 'Net?

Sean Conklin, a computer lab assistant at Western Illinois University says he's seen plenty of students who are.

"They come in two hours after the lab opens and stay up to eight or ten hours," he said. "They're either on the Internet or they're (computer game) junkies."

Depending on whom you ask, the Internet and its world of non-stop chat rooms, splashy graphics and electronic bulletin boards is either addictive or merely distracting. Two camps have emerged from academia: One that believes some computer users are so lost in cyberspace that they ignore family, work or classes, and one that insists there's been no substantial research to support such claims.

At the heart of the debate is Kimberly S. Young, a clinical psychologist and an assistant professor at the University of Pittsburgh at Bradford who's considered the world's most prominent researcher on the issue of Internet addiction. Her self-help book for Internet addicts, titled "Caught In The Net," is based on a survey of about 500 Internet users and their families and friends. It has drawn raves from some and ridicule from others.

Young estimates that about 5 million computer users are addicted to the Internet. She believes that Internet addicts, much like people with eating disorders, have emotional and psychological problems that make them susceptible to addiction. She also believes addicts can learn to control their behavior.

"It's not the same as a physical addiction caused by drug abuse, but its effects can be just as destructive," she said.

College students are particularly vulnerable to what Young refers to as "onlineaholism."

"Many [college] students are overwhelmed, being away from home," she said. "The Internet is something to do, and when you have free access to it,

you're more inclined to use it."

"Students struggling with their identities are accepted in chat rooms," she continued. "While mudding (playing multi-user dungeon games), guys build self-esteem through their online characters. When taken to an extreme, those things can be very destructive."

Many academics have begun to question the validity of the research upon which Young bases her conclusions. They say her research methods - largely questionnaires - are deeply flawed, and they note that little of her work has been published in peer-reviewed, scholarly journals. They also say her definition of addiction is too broad.

"She counts things as addiction that cannot be counted as addiction," Malcolm R. Parks, associate professor of speech communication at the University of Washington recently told the Chronicle of Higher Education.

"I don't know what to do about all the criticism," Young said. "How would you feel if your credentials were constantly questioned? But at least I feel I'm doing the right thing."

Nevermind the scholarly debate sweeping through academia. Conklin said he's convinced Internet addiction exists and that the number of cyberspace junkies on his campus is growing.

"I've heard of people becoming addicted and being academically suspended," he said.

Among Young's tips for determining Internet addiction:

1. Loss of interest in family, friends and in participating in other activities.
2. Feelings of depression or anxiety when not using the Internet. (Young calls this "mental withdrawal.")
3. Online use that is frequently longer than intended.
4. Feeling the need to lie about or hide the amount of time spent online.
5. Missing classes or failing to do assignments because of Internet use.
6. Losing sleep because of Internet use.

Indiana Student Seeks \$75k in Damages in Photo Case

College Press Service

Lafayette, Ind. - A picture may be worth more than a thousand words if Koran Christian wins the lawsuit he's filed against Lafayette College.

Christian is suing for at least \$75,000 in damages because the college ran a photo of him and his mother on financial-aid brochures and posters without seeking their permission first. The photo, taken during Christian's 1996 commencement, does not show Christian's father, who also was in attendance.

Christian claims the photo depicts his family as a stereotypical, black,

single-parent family. He also maintains that he and his parents - who paid approximately \$100,000 in tuition and fees for Christian's four years of undergraduate study - have suffered from anger, humiliation and racial oppression.

Christian also is suing his alma mater for invasion of privacy and unauthorized commercial appropriation of his image and likeness.

Roger B. Clow, a spokesman for Lafayette College, said the institution does not comment on pending litigation.

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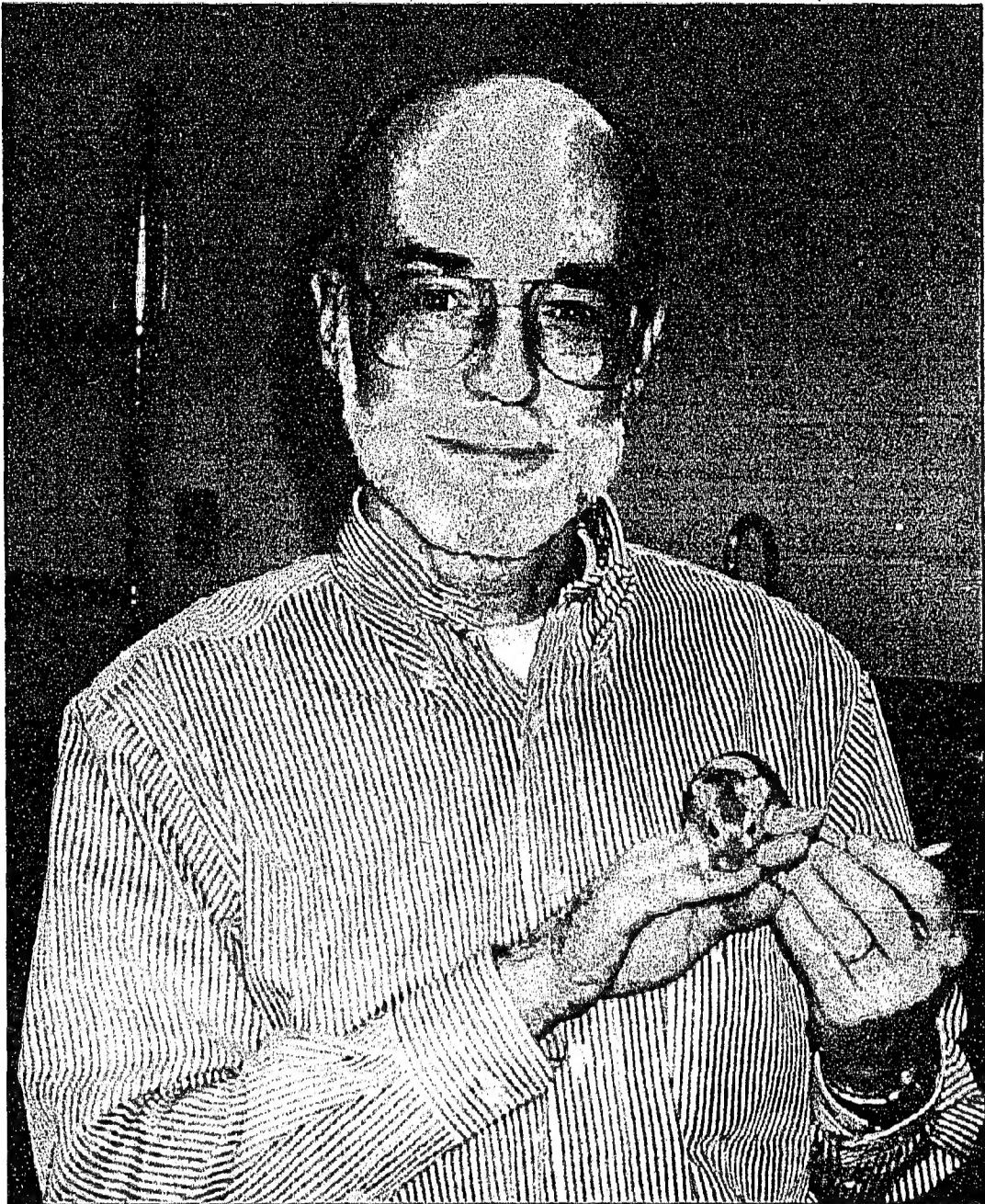
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From One William to Another



William A. deGraw, above, recently accepted the position of biology chairperson. deGraw replaces William D. O'Dell, who recently retired. deGraw has taught in fields including animal physiology, endocrinology, environmental physiology and human physiology.

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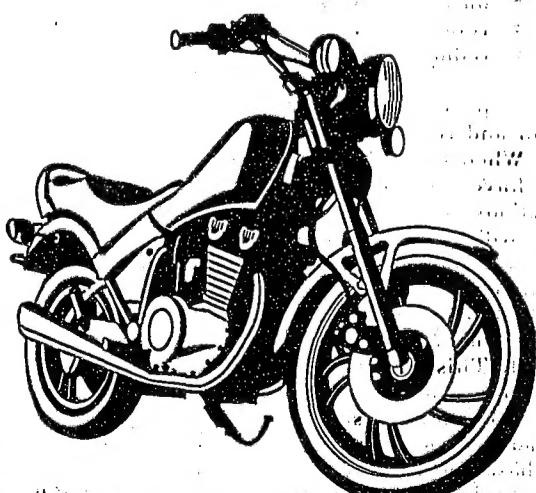
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FUND A REFUNDS

Fund A refund forms for the summer semester are available in the administrative offices of the Milo Bail Student Center.

July 27
through
July 31

Motorcycle Parking



Faculty, Staff and Students with motorcycles will be allowed to park in the UNO Parking Structure on a trial basis through August 21, 1998. If you would like to park your motorcycle in the Parking Structure, you must come to the Campus Security Office, EAB 100 for more details.

From UNO CHANGES, page 1

removal of asbestos from the basement ceiling in Allwine, so the area could be turned into usable space. It is currently a dirt-floor crawl space. The construction projects would have to be designed, bid and contracted for. Construction could begin sometime between February and April 1999.

For the present, Morgensen said he doesn't expect there will be a lot to see, except in the area where the housing is being developed. "We'll see buildings come out of the ground pretty rapidly," he said, but

the rest is a matter of getting ready for a flurry of activity much later.

After adjusting to the loss of parking spaces in the area of the new residence hall, students should be able to maintain their routines without interference from construction workers and equipment. Morgensen said he doesn't expect traffic will be impeded on University Drive and workers and trailers will be parking on the job site.

LIBERTY MEADOWS
 By Frank Cho

YES FOLKS' THE IMPOSSIBLE FINALLY HAPPENED FRANK HAS A DATE WITH A WOMAN NAMED DEBBIE!

IT WAS JUST AWFUL



THE SALES WOMAN SAID THAT THE DESIGN WAS INSPIRED BY THE TAKE CHARGE ATTITUDE OF THE BOY WITH THE 60% FREE SPIRIT SENSIBILITY. THEN I TOLD HER THAT I JUST NEEDED A SWIMSUIT THAT CAN COVER MY THIGHS, ARMS, STOMACH AND REAR. BUT MOST IMPORTANTLY IT HAS TO HAVE A TUMMY CONTROL PANEL MADE OF REINFORCED MESH.



SO, SHE BRINGS ME A PARACHUTE AND... AND... WHAT WAS THE QUESTION AGAIN?

PANEL MADE OF REINFORCED MESH



BLEAH!



NO QUESTION, ALL I SAID WAS, "NICE TO MEET YOU, DEBBIE!"

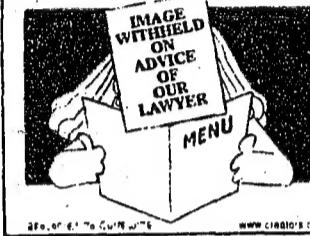


BLEAH!



NO QUESTION, ALL I SAID WAS, "NICE TO MEET YOU, DEBBIE!"

LET'S SEE, WHAT DO I WANT? HMM THIS PORK DISH SOUNDS NICE. WAIT, YOU ARE WHAT YOU EAT. FORGET IT CHICKEN? HMM...



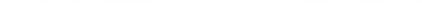
THIS CHICKEN DISH HAS 11 GRAMS OF FAT. WAY TOO MUCH CALORIES. NO THANK YOU. I SHOULD HAVE BROUGHT MY "DEAL A MEAL" CARDS. OH, CRAB CAKE! NO, THAT'S TOO RICH. COULD GET GOUT. A MOMENT ON THE LIPS, FOREVER ON THE HIPS. I CAN'T DECIDE. TOO MANY CHOICES! ACK, ACK.



SHE'LL HAVE THE SALAD. VERY GOOD, SIR.



IT'S TRUE! I HAVE MY MOTHER'S THIGHS!!



ACK!

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Depression strikes millions indiscriminately. Depression is MOST dangerous when it goes unrecognized. Always be aware of the threat, and don't always believe everything you feel.

Public Service message from SA/VE (Suicide Awareness/Voices of Education) <http://www.save.org>

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